

Splinting



Assess Injured Limb

- Make sure there are no higher priority problems to care for.
- Expose and inspect injury site for open wounds.
- Ensure manual stabilization of limb until splinted.



Prepare to Splint

- Locate and gather splinting materials.
- Place padding on splint where tapered surfaces of limb will rest.



Apply Splint

- Immobilize the injury site along with joints above and below it.
- Bind the rigid material firmly to limb, but not above injury site.
- Bind both sides of a joint and allow the hand or foot to assume a natural position.
- Once in place, monitor limb on far side of splint for signs of poor circulation.
- If limb is discolored or cool to the touch, loosen binding on splint to improve blood flow.